BREAKFAST

WEEKDAY BUFFET

Monday through Friday Only $17.95

omelet station | waffle station | assorted pastries | assorted breads | various whole fruit | seasonal cut fruit | cereal selection | yogurt | granola | assorted Tazo Teas | Starbucks coffee

WEEKEND BUFFET

Saturday and Sunday Only $17.95

scrambled egg | home fries | bacon | pork sausage | turkey sausage | assorted pastries | assorted breads | various whole fruit | seasonal cut fruit | cereal selection | yogurt | granola| assorted Tazo Teas | Starbucks coffee

INVIGORATE

MARKET FRESH FRUIT AND BERRIES SuperFoodsRx a bountiful selection of seasonal berries 12

BERRY APPLE AND HOUSE MUESLI SuperFoodsRx low-fat yogurt | banana | walnuts | pomegranate 9

STEEL CUT OATMEAL SuperFoodsRx green apple | cinnamon | walnuts | honey drizzle 9

YOGURT PARFAIT SuperFoodsRx greek yogurt | granola | fresh seasonal berry 9

REJUVINATE

SMOKED SALMON PLATTER SuperFoodsRx hard cooked eggs | red onion | capers | tomato 16

EGG WHITE AND SPINACH OMELET SuperFoodsRx sautéed onion | spinach | low-fat cheddar | tomato | arugula salad 16

EGG WHITE AND ALL-NATURAL TURKEY OMELET SuperFoodsRx all natural turkey | tomato | low-fat cheddar | avocado | arugula salad 17

INDULGE

BELGIAN WAFFLES seasonal berries | whipped cream | maple syrup 13

BANANA BLUEBERRY PANCAKES ricotta cornmeal pancakes | orange maple syrup 13

MARYLAND MORNING 2 eggs your way | hash brown | bacon or sausage | choice of toast 15

SMITH ISLAND BREAKFAST 2 poached eggs | crab cake | hash brown | tomato | english muffin | Old Bay hollandaise sauce 20

OYSTERMAN'S BREAKFAST 2 eggs your way | fried oysters | hash brown | grilled tomato 20

BUILDYOUROWNOMELET

13

3 eggs and choice of
onion | pepper | mushroom | spinach | broccoli | asparagus | turkey | ham | bacon sausage | turkey sausage | cheddar | swiss | american | mozzarella | blue cheese

OPTIONS

APPLEWOOD SMOKED BACON 4
COUNTRY OR TURKEY SAUSAGE 4
SMOKED SALMON 5
BREAKFAST POTATO 5
TOASTED BAGEL AND CREAM CHEESE 3

BEVERAGES

FRESHED SQUEEZED ORANGE OR GRAPEFRUIT JUICE 5
CRANBERRY OR TOMATO JUICE 4
WHOLE | 2 % | SKIM | SOY 3
TAZO TEA 5
STARBUCKS HOUSE BLEND OR DECAF 3

PUREREFRESHMENT

JUICES

APPLE | SPINACH | LEMON | PARSLEY 11
PINEAPPLE | CUCUMBER | MINT 12
CARROT | HONEYDREW MELON | TUMERIC 12

SMOOTHIES

APBLUEBERRIES | SPINACH | FLAX SEEDS | AVOCADO | SOY MILK | GRANOLA 12
KALE | SPINACH | BANANA | PINEAPPLE | CINNAMON 12
APPLE | BANANA | PINEAPPLE | VANILLA | ICE 12